

# Newsletter 2nd Quarter 2025

## Survey: Affordability Leads Over-65s To Skip Vital Dental



Australian Dental Association (ADA) research findings released on 9 April suggest older Australians are skipping vital dental treatments because they can't afford it, which is resulting in declining oral health. The findings come from ADA's annual study, which surveyed 25,000. Survey data reveals that 55% of all over-65s delayed seeking dental treatment, with 64% of those who delayed dental trips saying that it was because they couldn't afford it. Additionally, 47% of this age group reported debilitating oral issues — including a mouth infection, mouth or face swelling and recent tooth or gum pain — compared to 36% of the rest of the community.

The research also reveals that older Australians are making fewer trips to the dentist compared with the rest of the population, with 37% of over-65s visiting every 2–5 years compared to 35% of other age groups, and 23% of over-65s visiting every 5 years compared to 20% of other age groups. "These findings provide a clear picture of what's happening to the mouths of thousands of Australians over 65," ADA President Dr Chris Sanzaro said. "They can't get to the dentist regularly because they can't afford it and so their mouths become a battleground of pain and infection management."

### Our Vision

*U3A Armadale Inc. is part of an International network which was founded in France in 1973, and now has chapters in many different countries. Our group is part of the U3A Network of WA, which in turn is part of the Australia wide U3A network which started in Melbourne in 1984.*

*U3A provides opportunities for Seniors to stay both physically and mentally active, and to continue learning during their retirement years. To achieve this goal we provide presentations on a variety of subjects as well as group activities and outings.*

"Some end up in the Emergency Departments — the ADA has found that 16,000 seniors were admitted to hospital for treatment of painful dental issues in 2022–23," Sanzaro added. "That figure is expected to rise to 22,630 by 2027–28, representing a 42% increase from an already unacceptable level. It's a health trend that worsens by the year." Other findings from ADA's annual survey include that 30% cited concerns around unexpected problems cropping up during a check-up that need unaffordable treatment as another reason for staying away. Sanzaro said 76% of Australians support the introduction of a seniors dental scheme.



"I keep hearing about bluetooth!  
What's the best way to prevent it?"

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# Your President, Ray Webb

Hello all

Time has slipped away, and we are already nearly halfway through the year.

This year we have had many wonderful talks so many thanks to Phillippa and also Phil for these great presentations. Our latest presentation by Sheila Twine was a beauty and was held in conjunction with Australia's Biggest Morning Tea for cancer research. The total raised by Armadale U3A was \$772 dollars, which is a fabulous effort by our Club. Many thanks to Sheila, Margaret Harris, Margaret Collins and also all of our other volunteers who help out without fail.

Thanks also go out to Maureen for organising the Cervantes trip. A big day but thoroughly enjoyable.

Our Armadale "Lets Connect" stall in April went well thanks to Marian and all who assisted.

Well done by all who are parking in the paddock. It is helping out immensely with the congestion. Cheers go out to Councillor Gary Smith for his support.

At our last Committee meeting some concerns were raised about our Club's future. Our four Office Bearers won't be seeking re-election for various and legitimate reasons, which may cause an issue in the running of the club. Our Treasurer Val has expressed her wish that it would be beneficial for her if someone could step up now and help out, and also learn the ropes with a view to taking over from her. So, if anyone is interested, please contact Val or me.

Also, with just two Committee meetings left before the AGM in August, there is also an opportunity for people to come and sit in and see how the Committee works. Committee meetings are held on the third Thursday of the month at Byford Country Club.

Once again thanks go out to all the wonderful volunteers who make this Club a vital and vibrant Community Hub.

I have also been asked to remind members that we have a Welfare Officer. Judi Damon: 0434 901 211

So, stay safe and we will meet at one of our Club happenings soon. Cheers,

**Ray: 0416 036 952**



## Program June 2025

Day	Date	Time	Details	Subject	Location	Contact	Phone
Sunday	1st						
Monday	2nd						
Tuesday	3rd	9.30 am	Terry Harvey	Air Attack on Broome – 'The Missing Diamonds'	Evelyn Gribble Comm Ctr		
Wednesday	4th						
Thursday	5th						
Friday	6th						
Sat/Sun	7th/8th						
Monday	9th	10.00 am	Art Course	Art with Wendy	Evelyn Gribble Comm Ctr	Judy	0438656153
Tuesday	10th	TBA	Movie Tuesday	TBA	Reading Cinema Armadale	Veronica	0417755235
Wednesday	11th						
Thursday	12th						
Friday	13th						
Sat/Sun	14th/15th						
Monday	16th	10.00 am	Art Course	Art with Wendy	Evelyn Gribble Comm Ctr	Judy	0438656153
Tuesday	17th	9.30 am	Rodney Glossop	Act Belong Commit 'Mentally Healthy'	Evelyn Gribble Comm Ctr		
Wednesday	18th	10.00 am	Coffee/Lunch	Raeburn Orchard	Roleystone	Sheila	0439926333
Thursday	19th	1.30 pm	Committee Meeting		Byford Country Club	Ray	0416036952
Friday	20th						
Sat/Sun	21st/22nd						
Monday	23rd	10.00 am	Art Course	Art with Wendy	Evelyn Gribble Comm Ctr	Judy	0438656153
Tuesday	24th						
Wednesday	25th						
Thursday	26th						
Friday	27th	9.00 am	Ramblers	TBA	TBA	Pat	0422020044 93906640
Friday	27th	1.00 pm	Book Club	Love Stories	Kelmscott Library	Sheila	0439926333
Sat/Sun	28th/29th						
Monday	30th	10.00 am	Art Course	Art with Wendy	Evelyn Gribble Comm Ctr	Judy	0438656153



## A Sunny Morning Of Bowls And Friendship At Riverside Lifestyle Village



On a warm and sunny Autumn morning, 16 of our members gathered at the Riverside Lifestyle Village along Albany Highway in Gosnells for a friendly and fun-filled game of lawn bowls. We were warmly welcomed by the residents, including members of the 78pp bowls club, who kindly introduced us to the rules and guided us through the basics of the game.

Laughter echoed across the green as we tried our hand at mastering lawn bowls—some with surprising talent, others just happy to enjoy the moment. A few members chose not to play, instead relaxing and soaking up the atmosphere while chatting with the friendly residents.

The hospitality was second to none. The residents generously provided tea and coffee, while our members, as always, contributed a delicious spread for morning tea, which everyone thoroughly enjoyed.

As conversations flowed, some of our members expressed interest in the lifestyle village, while others shared insights about our U3A Chapter and the many benefits it offers.

Overall, it was a fantastic morning filled with good company, great food, and lots of laughs. We're pleased to share that U3A has been invited back for another morning of fun. For those interested in learning more about the game, the village bowls club has kindly offered coaching sessions.

Sheila will be speaking with attendees to see what direction we'd like to take next—whether it's returning for another social game or diving deeper into lawn bowls.





## Coffee / Lunch Group



Wed 18th June	Coffee	10am - 11.30am	Orchard Express, 7/21 Jarrah Rd, Roleystone
Wed 16th July	Lunch	12 noon	Saaj Indian Resturant, Armadale Shopping centre
Wed 20th August	Coffee	10am - 11.30am	Little Aura Coffee Co, 5/2944 Albany H'Way, Kelmscott
Wed 17th Sept	Lunch	12 noon	Dale Cottages, Deerness Way, Armadale
Wed 15th Oct	Coffee	10am - 11.30am	Fig & Ivy, 34 Abernathy Rd, Byford
Wed 19th Nov	Lunch	12 noon	Gosnells Hotel, Albany Highway, Gosnells

The Coffee / Lunch Group meets every third Wednesday of each month, from February to November.

If you would like to join the group please contact:

Sheila: 0439 926 333 or Denise: 0414 779 115 Newcomers always welcome.

## A Flavourful Evening in Kelmscott



On Wednesday evening 30th April, 26 members gathered at a vibrant Indian restaurant in Kelmscott for a night of delicious food and great company.

The proprietor, well-prepared for our group, had arranged two long tables with ample space to mingle and move about.

Guests enjoyed a mouthwatering array of curries and some lesser-known Indian specialties that delighted the senses. It was a relaxed and flavoursome evening shared with friends.

The evening was such a success that Sheila has been asked to arrange another evening later in the year.

**Sheila Shenton**



Our first meeting of 2025 was held at the **Church Cafe, Jull Street, Armadale**. There was a good turn out of members for coffee and enjoying some of the cafe's delicious home made scones and cream, oh! and jam.



a variety of conversations, from putting the world to rights, discussing travel plans and places to visit.



Ten members met for a morning coffee at the **Purpose Cafe**, Forrestdale, on Wednesday 16th May. The staff at the cafe were very accommodating and allowed us to use the conference room at the side of the cafe. This worked out well, as it was quiet; away from the rest of the patrons using the cafe and we were able to sit around an oblong table and talk without any noise! This must have been one of the few occasions that members of the CLT group were able to sit together and all join in an uninterrupted conversation!! Everyone attending enjoyed the morning and loved the idea of being in a separate room!

### Lunch at Dot's Cafe

On Wednesday, 21st May, our Coffee Lunch Group (CLT) gathered for another enjoyable get-together, this time at the welcoming **Dot's Cafe in Amaroo Village**, Gosnells.

On Wednesday 19th March, 16 members, met at the **Lifang Chinese Restaurant**, along the Brookton Highway, for a delicious lunch. The staff were very helpful and accommodating. Members enjoyed



We were treated to a succulent roast beef lunch, which was not only perfectly cooked but also served in generous portions—more than enough to satisfy even the hungriest of appetites!

Sixteen members joined in, filling the cafe with the buzz of conversation and the sound of laughter. As always, the spirit of connection and camaraderie made the afternoon extra special.

The friendly service added to the warm atmosphere and helped make the day a real success.

We're already looking forward to the next coffee morning at the Orchard Express, Roleystone on Wednesday 18h June at 10am.

**Sheila Shenton**

## Richard Offen Talks



Talks by Richard Offen have been arranged for July/August 2025.

The dates are 17/24/31 July and 7 August. The Seville Grove Library has been booked between 10.15 am and 11.45 am.

Talks will commence at 10.30 am.

The four talks are entitled:

- Western Australia Described
- From Monastery to Metropolis
- A Perth Camera
- Early Photographs of Perth.

The cost for members will be **\$20**.



# Positive Ageing Morning Tea - A Delightful Community Gathering

On Monday 5th May, ten of our members had the pleasure of attending the Positive Ageing Morning Tea thanks to Sheila, who secured a block of tickets for the event. Organised by the Armadale Council as part of the Arts Festival, the morning brought together community members for a warm and welcoming celebration.

Several other members who obtained their own tickets also joined in and thoroughly enjoyed the occasion.

The highlight was the delicious morning tea, generously provided by the Bedfordale Country Women's Association, and beautifully served by students from Kelmscott High School. It was a lovely morning filled with good company, great food, and a wonderful community spirit.

**Sheila Shenton**



## Could You Be A Committee Member?

Our AGM for 2025 is on Tuesday 5<sup>th</sup> August.

As has been broadcast before, we are looking for new members for the Committee, particularly as all the present major office bearers will be resigning their positions at this AGM.

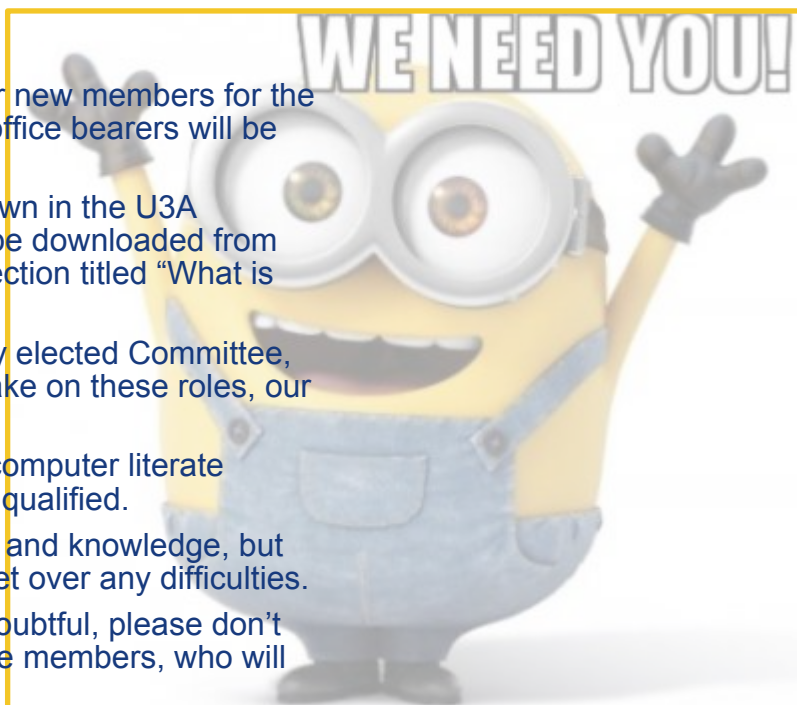
The duties of all Committee members are laid down in the U3A Armadale Handbook 2024, a copy of which can be downloaded from our website: [u3aarmadalewa.org.au](http://u3aarmadalewa.org.au) under the section titled "What is U3A?".

Since no incorporated club can run without a duly elected Committee, and without sufficient members volunteering to take on these roles, our days could be numbered.

If you could spare a few hours a month and are computer literate (know how to send an email), then you would be qualified.

The Treasurer's position entails a little more time and knowledge, but there are always others in U3A who could help get over any difficulties.

If you are thinking of raising your hand, but are doubtful, please don't hesitate to speak to any of the present Committee members, who will be only too glad to answer your questions.





# Cinema Group



**The Cinema Group** meet at Armadale Cinema on the 2nd Tuesday of each month. The film title and time will be advised in the week before.

If you wish to join the group please contact **Veronica: 0417 755 235**

# Book Club



The Book Club met on the fourth Friday of each month throughout 2024, with an average of 6 -10 members attending each group meeting. Participants met in a friendly, relaxed atmosphere to share their thoughts on the book they've just read, discuss the author, and provide as much detail as they feel comfortable sharing.

New group members are always welcome.

**Please contact Sheila: 0439 926 333**

Date	Title	Author	Proposed
27 <sup>th</sup> June	Love Stories	Trent Dalton	Warwick
25 <sup>th</sup> July	Daughters of Mars	Thomas Keneally	Marilyn
22 <sup>nd</sup> August	Talk To the Hart	Rachael Johns	Leslie
26 <sup>th</sup> September	Hell's Gate	Paul Collins	Sheila
24 <sup>th</sup> October	Burial Rites	Hannah Kent	Noor
28 <sup>th</sup> November	Black Sheep	Judy Nunn	Margaret

# Books, Jigsaws, D.V.Ds



Members, please remember to visit our library which contains a range of books: fiction and non-fiction, D.V.Ds, listening story tapes, and jigsaws.

These are for your use, to borrow and return. You don't have to sign in, so please browse and make use of this opportunity. We have had a request for large print books, so if you have any you can donate to assist, they will be gratefully received.

Kind Regards,

**Annie: 0400 240 343**



## Trips Group - Western Rock Lobster & Pinnacles



Tuesday April 29th saw thirty seven passengers leave Evelyn Gribble Center for the best attended and longest Club 55 tour I have organised.

We left at 8.00am on the dot and returned at 6:00pm. Fifteen of the passengers were not current members but the trip provided excellent exposure for Armadale U3A. One of these passengers has now taken out membership.

It took at least 60 minutes longer than estimated because of excessive traffic to arrive at Guilderton for morning tea. Guilderton is a very pretty, quiet spot on the Moore River looking out to sea and brought back many happy memories of holidays for many.

On leaving we had a short tour of the area before heading for Cervantes to the Lobster Shack. Here we were given a history of the Lobster Industry along with a very informative tour of the current workings. Some of us enjoyed holding different sized lobsters, however there are stringent regulations about quotas and other rules about what can be sent to market etc. It was brilliant! Lunch was enjoyed by all, either lobster and chips or fish and chips.

After lunch we had a short trip around the town before the one hour ride to the Pinnacles. This was definitely the highlight for our interstate visitor and

any who hadn't experienced this phenomenal landscape before. Our stay was too short, but long enough just to experience the feeling of walking on the moon.

By now it was 3:00pm and knowing it would take another three hours to drive to Armadale, passengers were given the choice of driving straight home or to stop in Lancelin for a comfort stop and ice cream. The majority voted for straight home, and with traffic it did take the estimated three hours. A very tired but happy bus load left for home at 6:00pm.

### Maureen Pease





## Historic Guildford & Academy Of Taxidermy

**Tuesday, 29th July 2025**

**Departs 09.00am (Please be ready 15mins before departure)**

**Evelyn Gribble Community Centre, 140 Ninth Road Hilbert WA 6112**

**Returns 15.00pm (Approximately)**

**Price: \$89 per person**

**Bookings Open Tuesday 06 May 2025**

**To book your seat, please contact: Maureen Pease 0420 866 309  
mpease39@optusnet.com.au**

**Direct Debit BSB 633 000 A/C 161628219 A/C Name U3A Armadale**

Leaving Evelyn Gribble Community Centre we drive to Harold Boas Gardens for a traditional Club 55 morning tea. Then travel on to the Academy of Taxidermy for a 30 minute talk, followed by free time to explore the museum and shop. It is then a short drive to Stirling Arms for lunch.

Selections required at booking:

**Fish and Chips GFO** snapper, chips, house salad, tartare & lemon.

**Squid GFO** chips, house salad, aioli & lemon.

**Chicken Caesar Salad GFO** streaky bacon, jammy egg, focaccia crouton, anchovies, cos, anchovy mayo, pecorino.

**Roast Pumpkin Salad GF VGO** roast pumpkin, feta, pomegranate, red onion, rocket, lemon dressing.

Dessert and coffee at own expense

Short tour and commentary of Guildford arriving Jadran Winery for tasting and sales.

Home 15.00



## ART WITH WENDY



A four-week art course with experienced art teacher Wendy van der Laan has been arranged. If you have ever wanted to be able to draw more accurately or play with a variety of different mediums now is your chance.

**Mondays 9/16/23 & 30 June 2025**

**At Evelyn Gribble Community Centre**

**10.00 am – 11.30 am**

**Cost - \$20 (Additional cost to purchase some items, list from Judy)**



The Course will include learning about line, shape, tone, texture and colour using different drawing techniques and a variety of mediums. These will include water soluble coloured pencils, waterproof black ink pen, oil crayons, charcoal, watercolours and soft chalk pastels.

There is a limit to the number that can be accommodated so please pay and get registered as soon as you can.

Contact: Judy - 0438656153, hshome132@gmail.com or Marilyn - chrisnmarilyn@bigpond.com or see us at the U3A Meetings.

# About Australia's Biggest Morning Tea

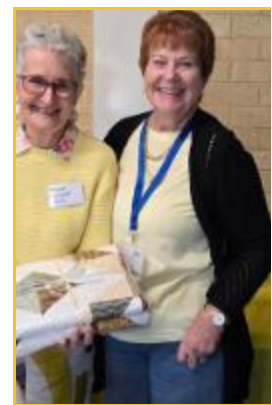
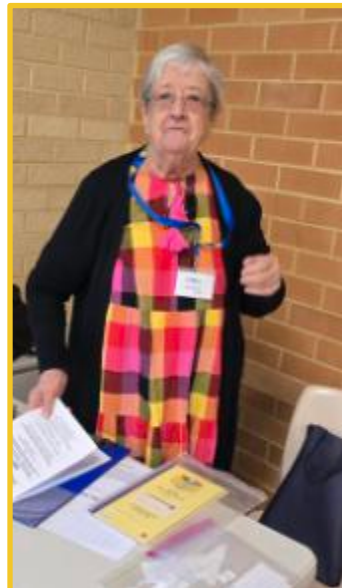


On Tuesday, 20th May, U3A Armadale hosted a successful Australia's Biggest Morning Tea in support of Cancer Research. The event featured an engaging and inspiring talk by Dr Sheila Twine, who shared stories of two remarkable women: Queen Noor al-Hussein of Jordan and Marguerite van Geldermalsen, a courageous nurse from New Zealand.

The room was beautifully decorated thanks to volunteers Sheila, Margaret Harris, and Margaret Collins, who thoughtfully arranged the tea. Bright yellow tablecloths and vibrant yellow flower centrepieces set a cheerful tone for the morning.

In the kitchen, Rose and her dedicated team of helpers worked tirelessly behind the scenes, ensuring member-contributed dishes were properly prepared and presented. Everyone was invited to bring a plate to share, and the delicious variety did not disappoint.

A fantastic \$772.10 was raised on the day. Thank you to everyone who contributed and participated—well done everyone!





## Recreational Ramblers



U3A Ramblers is a group of people who take a stroll in the great outdoors for 1 hour every 4th Friday of the month. This activity benefits both physical and mental health, something we have all known forever. However, recently it has been "discovered" by some psychologist, and has been rebranded as "forest bathing". I guess people will pay for that, and now it is the latest thing.

We meet at 8.45 and commence walking at 9.00. After our workout we head for the nearest coffee shop for refreshments and a chat.

The **Recreational Ramblers** meet on the 4th Friday of each month, place and time to be advised in the preceding weeks.

If you wish to join the group please contact

**Pat: 9390 6640 / 0422 020 044**

### Last Walk of 2024

U3A Ramblers 9th and last walk for 2024 was off Canning Mills Rd Roleystone. It was a beautiful, still, sunny morning, but because I had been limping for a while I devised a cunning plan to slow everybody else down. As they arrived I gave each a card with 6 named plants that they were to



identify as they walked. There was much grumbling in the car park, but when we got going and Ray identified the first plant as Grevillea Wilsonii, the others were spurred on to find the next flower on the list!

It couldn't have worked better! It turned into an informative stroll, and a find of Woodbridge poison was googled, to find it is only suspected to harm livestock, not proven.

When we turned to come back Maureen announced it was coffee time, and Bess and I were left in their wake - not a bad thing when you consider 11 people descending on a cafe, it pays not to arrive all at once.

I would like to give special thanks to those people who pick up and take home other people who need a lift, without the three of you, our ramblers would not be able to participate in the fun and friendship. Thank you.

**Cheers Pat.**

### 1st Walk of 2025



U3A Ramblers 1st walk for 2025 was in Gerald Russell Park in Allwood Estate. It was a good choice as we could walk in the shade of the trees along the Wungong River, as it turned out was a warm morning. It was great to see Sharron and Madeleine, two ladies who came to see what we got up to as well as Warwick, Caroline and Geoff



## Recreational Ramblers cont.

who are occasional walkers. Ann also came to us using her walker! It was good to have her back.

On the lakes was one solitary black Swan, the usual coots, one white faced heron, and for the tail enders a Quenda pottering in the reeds at the end of lake. There seemed to be a shortage of water birds until I noticed the usual flock of black and wood ducks resting in the shade on the other side of the lake.

Using back roads, those going for coffee arrived at the Fig & Ivy, and as Warwick had picked up Annika on the way we made up our table for ten although, we were four regulars short.

**Cheers Pat**



## 2nd Walk of 2025

U3A Ramblers 2nd walk for 2025 was along Thompsons Track Roleystone, much steeper and gravelly than I remember from 2 years ago, but the more spritely among us took off and made it to the end of the track while Maureen and myself brought up the rear. We didn't get far but it was a perfect morning for a walk, cool, sunny and still and a lot of other people thought so to.

All 14 of us found our way to Orchard Espresso in Roleystone shopping centre and although it was Anzac Day or because, the cafe was packed but I am sure we all enjoyed the food.

**Cheers Pat.**



## 3rd Walk of 2025



U3A Ramblers 3<sup>rd</sup> walk lead by Pat, we managed to find a clear patch amongst this welcome drizzle rain period. A nice casual ramble in Banyowla Regional Park, followed by social cuppa & chat at The Pink Cafe in Kelmscott.

Theresa was sweet with a gift of flowers for Pat as thanks for all her efforts in looking after us.

**Tony**





## Update on Boddington RRR



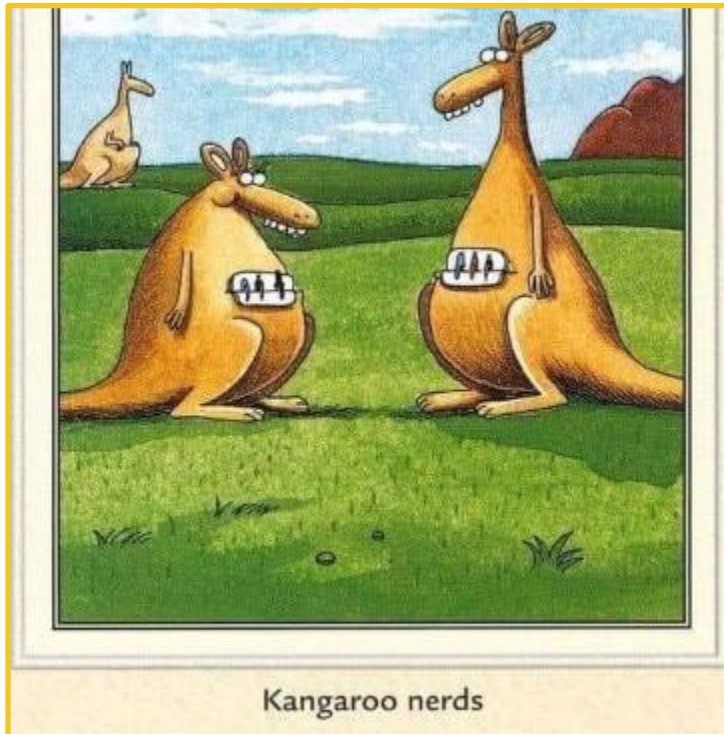
Thursday 8th May 2025, Another huge load off to Boddington RRR. U3A members are doing such a good job collecting all those recyclables that delivery to Boddington had to be made more frequently. Instead of every 2-3 months we now have to make the trip every 6 weeks.



Friday 9th May 2025 The new crushing machine was delivered to Boddington RRR depot. The purchase of a new machine was made possible with the proceeds from the sale of aluminium based items such as medicine pop packs, packaging and beer bottle tops. A large amount of which came from U3A Armadale.

Well done guys. Our recycling project is running smoothly and doing extremely well.

Denise





## Speakers 2nd Quarter 2025

### Martin Archer & Geraldine Gustavino



March 18th our guest speakers were Martin Archer and Geraldine Gustavino, both avid members of the Armadale Society of Artists (ASA). Between them they enlightened the audience into the world art and the workings of the ASA, whilst promoting the Armadale Arts Festival and Minnawarra Art Awards 2025 (2-18 May 2025), with information of a competition for non-artists.

Martin has a passion for landscape painting and contemporary realism using oils and acrylics.

In 1977 Martin won a prestigious arts award upon graduating high school, setting the stage for a remarkable career in the arts. The following year, he pursued his passion for commercial art at the Western Australia Institute of Technology, where he honed his skills and developed a distinct style.

Inspired by the works of John Constable, Martin draws upon the rich traditions of landscape painting, infusing his pieces with a sense of realism and emotional depth that resonates with viewers.

<https://www.martinarcherfinearts.com>

Second to speak was Geraldine.

Born in Gibraltar, Geraldine Gustavino began her artistic journey with a foundation course in art and design at the Kent Institute of Art and Design, Canterbury, in 1990. After moving to Perth, Australia, she took a hiatus to raise her family before returning to painting, exhibiting in Picturesque (2015) and her solo show Colour Medley (2017). She has since showcased her work in group exhibitions and was a featured artist at the 2019 Perth Flamenco Festival. A multi-award-winning artist, Geraldine has received accolades such as the Gibraltar May Festival Artist award and multiple People's Choice Awards. Now, she shares her passion through teaching acrylics and mixed media, facilitating workshops, and inspiring others to create. Her expressive, organic style embraces spontaneity, inviting viewers to explore beyond the

subject and into the energy of her work.

<https://mailchi.mp/7180f913359e/geraldine-gustavino-art>

To thank them for their talk, U3A Armadale presented them with a set of drink coasters provided by the Waterwheel Community Shed.

A poster for the Armadale Arts Festival. It features the festival logo at the top left, which includes the word "Armadale" and "arts FESTIVAL" with a colorful starburst. To the right of the logo are four small square images of artworks. The main text in red says "Let's Get Creative Together" and "What Armadale Means To Me!". Below this, in blue, it says "The 2025 Armadale Festival Artist, Geraldine Gustavino invites to take part in this exciting project. Get creative and show us your very own Work of Art." Further down, it says "No experience required. Open to everyone over the age of 12." and "Get your FREE Canvas today and start creating." At the bottom, it says "Artworks will be displayed at the Armadale Society of Artists Studio and Art Gallery, 4 Townley St, Armadale". There is also a logo for the City of Armadale and a small circular logo for "Geraldine Gustavino Art".

Armadale  
arts  
FESTIVAL

Let's Get Creative Together  
What Armadale Means To Me!

The 2025 Armadale Festival Artist, Geraldine Gustavino invites to take part in this exciting project. Get creative and show us your very own Work of Art.

No experience required. Open to everyone over the age of 12.

Get your FREE Canvas today and start creating.

Artworks will be displayed at the Armadale Society of Artists Studio and Art Gallery, 4 Townley St, Armadale

A poster for the ASA Art House. It features the ASA logo at the top, which consists of the letters "ASA" in a stylized font with "ARTISTS" written below it. The text on the poster says "ASA ART HOUSE, ARMADALE ARENA, 4 TOWNLEY ST, ARMADALE" and "WEEKLY CLASS SCHEDULE 2025". Below this, it says "Please contact Teacher/Coordinator to book and get further details". The main part of the poster is a table listing the weekly class schedule for 2025. The table has two columns: the day of the week and the class details. The class details include the time, the medium, the coordinator, and the contact number. The table is organized by day of the week, from Monday to Saturday. The last row is for Saturday, which has two classes: a mixed media/art journaling class and a social sip and paint class.

Armadale Society of  
ASA  
ARTISTS

ASA ART HOUSE, ARMADALE ARENA, 4 TOWNLEY ST, ARMADALE  
WEEKLY CLASS SCHEDULE 2025

Please contact Teacher/Coordinator to book and get further details

ASA INFORMAL GROUPS Member \$4 / Non-Member \$6

Monday:	9.00am - 12 noon each fortnight OIL/ACRYLIC Coordinator: Martin Archer   Contact number: 0448 473 466 1.00pm - 4.00pm PASTELS Recommending Coordinator: Jeannie Edge   Contact number: 0404 897 915 6.15pm to 8.45pm ALL MEDIUMS Coordinator: Linda Glover   Contact number: 0472 601 557
Tuesday:	6.00pm - 8.30pm LIFE DRAWING Coordinator: Kevin Smith   Contact number: 0455 269 248 Includes \$20 fee for model
Thursday:	9.30am - 12 noon WATERCOLOUR Coordinator: Kevin Smith   Contact number: 0455 269 248 12.30pm - 3.00pm OIL / ACRYLIC Coordinator: Barb Giles   Contact: <a href="mailto:secretary@armadalesocietyofartists.com.au">secretary@armadalesocietyofartists.com.au</a> 1pm to 3pm CLAY PLAY Alternate Thursdays. Coordinator: Elizabeth Fitzpatrick   Contact 0429720352
Friday:	12.30pm - 2.30pm DRAWING GROUP Coordinator: Chantalle Grummet   Contact number: 0422 541 738 6.00pm to late, Social Sip and Paint most Friday nights ALL MEDIUMS Bring a plate to share.
Saturday:	1.00pm - 3.00pm second Saturday of every month MIXED MEDIA/ART JOURNALING Coordinator: Sandra Chaplyn   Contact number: 0488 103 044



## Brett Ladhams Auroras



Today we had a welcome return of guest speaker Grant Thornett. This time Grant's subject was Meteorites.

Having not returned home until 3am this morning, Grant had little time to put together a picture presentation for us, but instead gave us an enthralling 45 minute stand up session, looking into the life of meteorites, past and future!

He emphasised that we are not about to be hit anytime soon, but that the sky is full of moving objects, and the Earth has been a target for all of it's existence. Great talk- many thanks Grant.



## David Spicer RAAF Operations in the Pacific War



Today's talk was titled "RAAF Operations in the Pacific War", given by our very own David Spicer. David, who also volunteers as a guide at the RAAF Museum, Bull Creek, gave a fascinating talk describing how under resourced, and supported the RAAF were in WWII. Aircraft were third rate, outdated and in short supply, whilst aircrews had the minimum of training. The whole defence of Australia was poorly thought through. The only shining example of good strategy were the squadrons of "Black Cats", the PBY's (Catalinas), that sewed mines by night helping to stop the flow of resources back to Japan.

An excellent talk David, well delivered. Many thanks.





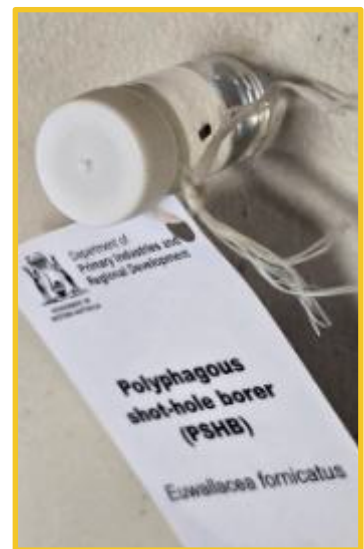
# Courtney Butterworth DPIRD - Polyphagous Shot-hole Borer



Do you know what the "Polyphagous shot-hole borer" is? Well, if you didn't, then you would have learned a lot at this weeks meeting. Our talk today was given by Courtney Butterworth, aided by Estee Vorster, both from the Department of Primary Industries and Regional Development.

Courtney has been involved with this recently imported pest since it's arrival in 2021. She gave a very detailed and informative talk about everything to do with very small beetle, which has become a major security risk to our biodiversity. Well done Courtney and Estee, for providing such relative and well delivered information.

If you are not sure what "Polyphagous shot-hole borer" is or how it works, look for the DPIRD website <https://www.wa.gov.au/organisation/departments-of-primary-industries-and-regional-development/polyphagous-shot-hole-borer>



## Sheila Twine Two Inspirational Women



The talk for "Biggest Morning Tea" talk entitled "Two Inspirational Women" was given by another inspiration woman, a force of nature who is Dr Sheila Twine.

Sheila is President of Halls Head Country Croquet Club, a former WA Senior of the Year - Regional. In addition she is a former Serpentine-Jarrahdale Shire President, a former President of the Mandurah University of the Third Age, a Principal Patron of the Mandurah Performing Arts Centre, and an academic who has authored over a dozen books for teachers and parents of struggling children. She was also instrumental in starting the POOPs (Pets of Older Persons) group in Mandurah, a volunteer organisation providing free pet care service for elderly or disabled pet owners.

With all these credentials behind her, she gave a positively riveting talk on two fascinating women. Queen Noor al-Hussein of Jordan, an American who married King Hussein of Jordan in 1978, and a New Zealand nurse, Marguerite van Geldermalsen, who also married in 1978 to a Bedouin, Mohammad Abdullah. Marguerite started her married life in a Nabataean cave house in the ancient city of Petra. Two extraordinary women, whose life stories were a joy to listen to. Thank-you Dr. Sheila.



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<b>President</b>	Ray Webb	0416 036 952	<a href="mailto:president@u3aarmadalewa.org.au">president@u3aarmadalewa.org.au</a>
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<b>Secretary</b>	Annika van der Heyden	0414 053 421	<a href="mailto:secretary@u3aarmadalewa.org.au">secretary@u3aarmadalewa.org.au</a>

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<b>Membership</b>	David Spicer	
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<b>Webpage Facebook Newsletter</b>	Phil Aked	0429 688 844

Mailing Address: PO Box 291, Kelmscott, WA 6991  
Website: <https://www.u3aarmadalewa.org.au>  
Contact email: [info@u3aarmadalewa.org.au](mailto:info@u3aarmadalewa.org.au)  
Contact Phone Message: 0414 053 421

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